



A REAL POSSESSION IN THE CHANGING
FORTUNES OF TIME: NARRATIVE OF AN ASPIRING
FEMALE ORTHOPAEDIC SURGEON

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We come in different shapes, sizes, colours, and genders. Passing time changes our perceptions and ideas however, I feel ambitions remain the same. Coping mechanisms however change along the way with maturity. Introduction photograph was a ball point drawing made by a radiographer in theatre while I fixed an ulna shaft fracture as an Orthopaedic Service Registrar on the Orthopaedic and Trauma Unit at the Royal Adelaide Hospital in October 2020.



They say a child who believes in himself has a parent who believes in him first, the photograph on the right was the start of that journey given to me by my father who believed in my dream Lahore, Pakistan 2005.



Therefore, the quest of medical school began and many adventures which come alongside, picture on the right is from a laboratory at Jesus College, Oxford University. I harvested mice embryos and analyzed effect of excess trans retinoic acid on embryogenesis as a part of Year 2 Basic Science Electives, July 2007. Transitioning to clinical years Student Externship at a Children's Hospital of Philadelphia in Pediatric Orthopedics July 2010.



As a part of SWOD -Society of Orthopedically Disabled affiliated with King Edward Medical University and Mayo Hospital Lahore, helped aid the people of Southern Punjab after the massive flooding calamity which left thousands injured and millions without homes 2008.



All smiles on graduation Day at Aga Khan University, Karachi November 2010.



Right: Photograph taken by my Registrar while I assisted a procedure as a Surgical Resident Medical Officer 2018 Central Adelaide Health Network. Middle: First year as an Orthopaedic Service Registrar at Lyell McEwin Hospital, 6 months pregnant about to perform a proximal femur fixation with a Short Intramedullary Nail. Left: On call after morning ward round as a Spinal Service Registrar on Mother's Day 2022 with my two girls that I hope one day will see they can do whatever they dream of one day!