# Upper Limb Fellowship - Royal Adelaide Hospital (SA2603461)

**Chief Supervisor:** Dr James McLean, PhD MS MBBS FRACS(Orth) FAOrthA

**Co-supervisors:** Prof Michael Sandow, PhD MBBS FRACS FAOrthA

**Length of program:** 12 months (full-time), annual rotation — August - July

**Institutions:** Royal Adelaide Hospital

**Stipend:** $89,253 – $144,291 p.a. plus superannuation and salary sacrifice benefits

## Educational Goals:

The Royal Adelaide Hospital Upper Limb Fellowship is a 12-month, full-time subspecialty orthopaedic fellowship providing directed training and clinical exposure in upper limb orthopaedic surgery. The Royal Adelaide Hospital is South Australia's principal Level 1 Trauma Centre and quaternary referral hospital, hosting a dedicated Upper Limb Unit of 9 consultant surgeons.

The program provides comprehensive subspecialty experience across the full breadth of upper limb orthopaedic surgery, spanning elective arthroplasty and arthroscopy, sports medicine, and complex trauma. Training occurs across multiple public and private sites in Adelaide under the direct supervision of the Upper Limb Unit consultant team.

At the successful completion of the fellowship, the Fellow will be competent in the assessment and surgical management of upper limb disorders, including advanced upper limb arthroscopy (shoulder, elbow, wrist), arthroplasty (anatomic and reverse shoulder, elbow), upper limb trauma and fracture management, and upper limb sports medicine.

Clinical Programme

- Elective upper limb operative lists across RAH and associated public and private sites
- Emergency and acute trauma operative lists at RAH (Level 1 Trauma Centre)
- Daily inpatient ward rounds at RAH, including co-ordination of orthopaedic trauma management
- Outpatient upper limb clinics at RAH and affiliated hospitals
- Attendance at private consulting rooms and operating lists of supervising consultants
- After-hours Upper Limb / Hand on-call (weekly rotation)
- Participation in the general orthopaedic trauma on-call roster at RAH
- Supervision and teaching of junior medical staff, Interns, and medical students

Academic and Research Programme

The Fellow is required to attend the following academic sessions (compulsory):

- Orthopaedic Department Meeting / Grand Round — weekly (Wednesday, RAH)
- Upper Limb Unit Meeting — regular subspecialty meeting
- Combined Orthopaedic and Plastic Surgeons Meeting — multidisciplinary upper limb case conference

All Fellows are required to contribute to the Department's research output during their tenure. Research infrastructure is provided through CALHN, with access to computer services and library resources via the University of Adelaide. Fellows are expected to contribute to at least one manuscript for publication in a peer-reviewed upper limb or orthopaedic journal and to present at a general orthopaedic or upper limb subspecialty meeting.

## Educational Qualifications/Requirements:

The program is targeted at post-fellowship orthopaedic surgeons who already have advanced skills in general trauma, arthroplasty, and arthroscopy. Applicants must:

- Hold a Fellowship of the Royal Australasian College of Surgeons (FRACS) in Orthopaedic Surgery, or equivalent qualification
- Hold current AHPRA registration (or be eligible for registration) as a specialist orthopaedic surgeon
- Demonstrate a commitment to subspecialty practice in upper limb surgery
- Have completed ATLS or a similar advanced trauma life support course
- Have completed basic and advanced fracture management courses

## How to apply:

**Applications:** Advertised annually on iWorkForSA (SA Health careers website) and national job platforms

**Closing Date:** Typically, October each year for the following August intake

**Enquiries:** Fellowship Admin Leader, Ann Brandenburg Ann.Brandenburg@sa.gov.au

**HR enquiries:** Ann Brandenburg, CALHN Business Consultant — ann.brandenburg@sa.gov.au / 7074 2329